

Training Scout leaders involved in Humanitarian Action – Lietuvos
Skautija

Weekend leader training (Humanitarian crises)

Place of training:

The training took place live.

Duration:

Two days

Purpose of training:

To acquire skills useful in scouting activities and to have skills for possible humanitarian crises.

Resources:

For these trainings, resources were used from UNICEF trainings, materials provided by WOSM services, invited lecturers and psychologists, experiences and materials accumulated during the UAct project were used.

Training program:

First day		
Time	Topic	Note
9:30	Morning round	Ice breaking, presentation of the agenda.
10:00	Communication during humanitarian crisis situations	Cooperation, where to look for information, who to turn to, how to react.
11:30	A break	
12:30	I. First psychological aid	We used UNICEF training materials: Mental health and psychosocial support,

First day		
		Psychological first aid: Pocket guide, Mental Health and Psychosocial Support Humanitarian response in Ukraine and neighbouring countries.
12:30	Motivation in volunteering and how not to burn out.	We invited lecturers from outside.
14:00	Lunch	
15:00	II. First psychological aid	We used UNICEF training materials: Mental health and psychosocial support, Psychological first aid: Pocket guide, Mental Health and Psychosocial Support Humanitarian response in Ukraine and neighbouring countries. (integrated a break)
15:00	Experiences of working with young poodles and what else can we do? (UAct project)	Good and bad experiences were collected, we learned and shared them, there was a part about how to avoid accidents arising while camping or working, creating future plans. (integrated a break)
17:00	Discussion of the day, additional questions	
18:30	Dinner	
19:30	Camp fire (Evening program)	
21:00	Personal time	
22:00	A time of peace	

Second day		
9:00	Breakfast	
10:00	Morning round	Presentation of the agenda.
11:30	I. First psychological aid	We used UNICEF training materials: Mental health and psychosocial support, Psychological first aid: Pocket guide, Mental Health and Psychosocial Support Humanitarian response in Ukraine and neighbouring countries.
11:30	Motivation in volunteering and how not to burn out.	We invited lecturers from outside.
13:00	Lunch	
14:00	II. First psychological aid	We used UNICEF training materials: Mental health and psychosocial support, Psychological first aid: Pocket guide, Mental Health and Psychosocial Support Humanitarian response in Ukraine and neighbouring countries. (integrated a break)
16:00	Experiences of working with young poodles and what else can we do? (UAct project)	Good and bad experiences were collected, we learned and shared them, there was a part about how to avoid accidents arising while camping or working, creating future plans. (integrated a break)
17:00	Diner	
18:00	Reflection	
Going home and saying goodbye		

After training:

We send the memos and slides that we use during the trainings.

Weekend leader training (Humanitarian crises)

Place of training:

Countryside house

Duration:

Three days

Purpose of training:

To acquire skills useful in scouting activities and to have skills for possible humanitarian crises.

Resources:

For these trainings, resources were used from UNICEF trainings, materials provided by WOSM services, invited lecturers and psychologists, experiences and materials accumulated during the UAct project were used.

Training program:

First day		
Time	Topic	Note
19:00	Arrivals	Registration
20:00	Snacks and ice breaking games	

First day		
21:00	Evening campfire	Sharing experiences with each other.

Second day		
Time	Topic	Note
9:30	Morning round	Ice breaking, presentation of the agenda.
10:00	Communication with each other as leaders and communication with NSO	Cooperation, where to look for information, who to turn to, how to react.
11:30	A break	
12:30	I. First psychological aid	We used UNICEF training materials: Mental health and psychosocial support, Psychological first aid: Pocket guide, Mental Health and Psychosocial Support Humanitarian response in Ukraine and neighbouring countries.
12:30	Motivation in volunteering and how not to burn out.	We invited lecturers from outside.
14:00	Lunch	
15:00	II. First psychological aid	We used UNICEF training materials: Mental health and psychosocial support, Psychological first aid: Pocket guide, Mental Health and Psychosocial Support Humanitarian response in Ukraine and neighbouring countries. (integrated a break)

Second day		
15:00	Experiences of working with young people and what else can we do? (UAct project)	Good and bad experiences were collected, we learned and shared them, there was a discussion about how to avoid accidents arising while camping or working, creating future plans (integrated a break)
17:00	Discussion of the day, additional questions	
18:30	Dinner	
19:30	Camp fire (Evening program)	
21:00	Personal time	
22:00	A time of peace	

Third day		
9:00	Breakfast	
10:00	Morning round	Presentation of the agenda.
11:30	I. First psychological aid	We used UNICEF training materials: Mental health and psychosocial support, Psychological first aid: Pocket guide, Mental Health and Psychosocial Support Humanitarian response in Ukraine and neighbouring countries.

11:30	Motivation in volunteering and how not to burn out.	We invited lecturers from outside.
13:00	Lunch	
14:00	II. First psychological aid	We used UNICEF training materials: Mental health and psychosocial support, Psychological first aid: Pocket guide, Mental Health and Psychosocial Support Humanitarian response in Ukraine and neighbouring countries. (integrated a break)
16:00	Experiences of working with young people and what else can we do? (UAct project)	Good and bad experiences were collected, we learned and shared them, there was a discussion about how to avoid accidents arising while camping or working, creating future plans. (integrated a break)
17:00	Diner	
18:00	Reflection	
Going home and saying goodbye		

After training:

We send the memos and slides that we use during the trainings.